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lesson 4

save the best for last

Why people stop waiting to save themselves (physically) for their spouse:

- *too long of wait (people shouldn't have the mindset of "how much longer do I have to wait")
- *they think they have found love
- *curiosity
- *wanting to "be prepared" for marriage; scared of not being good at it
 - if you both are pure, you can't be graded; it's something you explore together

Why you should wait:

I. You can get DISEASES

- *25% of teens who have had sex will get an STD
 - *"safe-sex" fails 50% of the time
 - *over 80% of teens with STDs show no symptoms
- ILLUSTRATION- White powder on hands only seen with black light

II. You could get PREGNANT or become a FATHER

- *more than 40% of American girls become pregnant at least once by age 20
- *"safe-sex" fails 20% of the time

III. Emotional baggage which will effect that relationship and your FUTURE relationships

- *you are left with feelings of guilt and remembrances of past experiences
- *you tend to focus your relationships on sex

IV. Leads to DEPRESSION and low self-esteem

- *most relationships end after sex (there is nothing left)
- *2/3 of sexually active teens wish they wouldn't have started

V. Makes you more likely to SIN in other areas (drink, smoke, and use drugs)

VI. You are taking something from your future SPOUSE

- *the more you save, the more you have to give

VII. It is GOD'S PLAN

A. God's design is for sex to be something beautiful enjoyed in MARRIAGE

B. God's word says that sex is a HEART issue, not just physical

Genesis 4:1 ~ "Adam KNEW Eve"

Sex is about knowing...spiritually, physically, & emotionally

60% of abstinence pledges in middle school were broke by college

*Why??? People made commitments for the wrong reasons

Reasons why kids didn't have sex:

too young (75%); pregnancy (74%); STD (71%); parents reaction (65%)

*our main reason should be because we want to please God

C. God isn't trying to keep things FROM you, but FOR you; He is protecting you AND it

Matthew 5:27-28

Ephesians 5:3-4

I Corinthians 5:11

I Thessalonians 4:3-5, 7

I Corinthians 6:13-20

Hebrews 13:4

STD's...the Facts

1. Pelvic Inflammatory Disease (PID)- is a result of many STD's
 - *infection of the womb and fallopian tubes
 - *highly increases the risk of miscarriage
 - *can lead to mother's death while giving birth if not treated
 - *Symptoms: fever, foul discharge odors, painful urination, bleeding
2. Chlamydia
 - *10% of teens will become infertile
 - *75% don't know they have it until it is too late or they have passed it on
 - *leads to PID
 - *can be transferred to your baby
3. Gonorrhea
 - *scars your genital organs
 - *Men- painful, burning, and difficult urination; discharges
 - *Women- leads to infertility and pelvic pain for years
 - *most people don't know they have it until it is too late or they have passed it on
4. Syphilis
 - *will get a painless sore on your genitals; it heals quickly, so most people ignore it
 - *if not treated before the sore goes away, symptoms will include: fatigue, fever, hair loss, skin rash, warty-looking growths, and problems with your kidneys, bones, and eyes
 - *25% of infected people will have damage to their arteries, heart, and brain
 - *can cause dementia- losing your mind
5. HIV/AIDS
 - *destroys the immune system
 - *there is no cure
 - *you can go up to 10 years without knowing you have the disease
 - *can be transferred to your baby
6. Herpes
 - *70% of the people are infected for life
 - *symptoms include burning sores, problems urinating, and regular outbreaks of sores
 - *a woman having an outbreak while giving birth will probably give it to her baby
7. Human Papillomavirus (HPV)
 - *infects 46% of teenage girls after their 1st sexual intercourse (even if they were protected)
 - *20% of women will get cervical cancer
 - *99% never know they have it because there are no symptoms (1% get genital warts)
 - *can be transferred to your baby
8. Viral Hepatitis
 - *inflammation of the liver and eventually can lead to liver cancer
 - *leads to other strands of Hepatitis
 - *begins with flulike symptoms; eventually get dark-colored urine and skin turning yellow
 - *can be transferred to your baby
9. Trichomoniasis
 - *women will experience green urine
 - *leads to PID
10. Pubic Lice/Crabs
 - *live by sucking blood in genital areas
 - *causes extreme itching and rashes
 - *lice can be seen by the naked eye

Take it Home

Take some time over the next few days and pray about what commitment that you will make for your purity.
What standards will you now set between you and the opposite gender between now and marriage?